

Perranporth School

Relationships, Sex & Health Education

Overview of Themes

Year Group	Focus Area
Year 1	<ul style="list-style-type: none"> ➤ My special people
Year 2	<ul style="list-style-type: none"> ➤ We are Growing – Human Life Cycle ➤ Everybody's Body
Year 3	<ul style="list-style-type: none"> ➤ What makes a good friend? ➤ Falling out with friends.
Year 4	<ul style="list-style-type: none"> ➤ Time to Change ➤ Personal Hygiene
Year 5	<ul style="list-style-type: none"> ➤ Menstruation and Wet Dreams ➤ Emotions
Year 6	<ul style="list-style-type: none"> ➤ Puberty Change and becoming independent. ➤ Positive and Healthy Relationships ➤ How a baby is made