

## Relationships Sex Health Education - RSHE Week

These days, there is a vast amount of sometimes confusing information about relationships and sex on the internet, on TV and in magazines. Therefore, as part of our school's Personal, Social and Health Education learning, your child will be receiving Relationship and Sex Education lessons (RSE) in the coming week. We will be having a blocked unit of work from the 4th – 8th July, but further related sessions will also continue as part of our regular PSHE lessons. The key aims of RSE are to:

- Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- Establish an awareness of the importance of a loving family environment, including the responsibilities of parenthood.
- Foster self-awareness and self-esteem.
- Develop a sense of responsibility and respect for themselves and others.



A summary of the RSE your child is receiving will be sent out on the Class Dojo at the end of each day so that you are familiar with what has been discussed. Parents have the right to request that their child be withdrawn from some or all aspects of sex education delivered as part of statutory RSE. If you wish your child to be withdrawn from the sex education units, please complete the withdrawal application in the appendices of our school RSE Policy found on the school website: <https://www.perranporth.cornwall.sch.uk/pshe/> This is also where you can view all our RSHE planning documents and schemes of work.

If you have any worries or concerns, please don't hesitate to contact your child's teacher.

## Dates for Your Diary - Sports Day



This year's sports days (weather permitting) are scheduled for the following dates with parents and families welcome to attend:

- ◆ Reception Class: Wed 20th July 9.30am
- ◆ KS1 (Y1 & Y2): Wed 6th July (revised date) gates open 1.15pm for 1.30pm start
- ◆ KS2 (Y3, Y4, Y5, Y6): Wed 13th Jul gates open 1.15pm for 1.30pm start
- ◆ Access to Sports Days will be via the field gates.

## Own Clothes Day Fri 8th July - Summer Fayre

The annual FOPS Summer Fayre is all set for Friday 15th July at 2.30pm. Next Friday 8th July is a non-school uniform day. We would like children to bring a bag/packet of sweets as a donation to the Sweet Tombola stall. Thank you



FOPS need your help with the following:

- Wine Bottles - Please can we have any bottles of wine for the Water or Wine stall, brought to the school Office. We have plenty of empty bottles from previous fayres.
- Raffle Prizes - If you have a business or know of any that would be willing to donate a raffle prize we would be very grateful! Please let the School Office know.

Thank you for your support!



