



My name is _____

To stay SAFE online and on devices I :	✓
1. Only USE devices or apps, sites or games if I am allowed to	
2. Am kind and polite to EVERYONE	
3. ASK for help if I'm stuck or not sure	
4. TELL a trusted adult if I'm upset, worried, scared or having a funny feeling in my tummy	
5. KNOW that online people aren't always who they say they are and things I read are not always TRUE	
6. KNOW that anything I do online can be shared and might stay online FOREVER	
7. KNOW that I don't have to do DARES OR CHALLENGES , even if someone tells me I must	
8. KNOW that I don't change CLOTHES or get undressed in front of a camera	
9. Always check before SHARING my personal information or other people's stories and photos	

My trusted adults are:

_____ at school

_____ at home