

# Year 1 / 5-7 years - Lesson Overview



## We Use Respectful Words When We Chat to People

### 1. My Online Avatar

The function of avatars.

### 2. The Internet for Communication

The internet is used for communication.

### 3. Online Communication vs Face-to-Face Communication

Emojis can be an effective way to communicate online.

### 4. Badge Round-Up

Avatars Ahead!, Fun Favourites, Weekend Round-Up



## We Are Kind and Honest Online

### 1. My Online Profile

How to put information on the internet.

### 2. One Click Can Last

Information can stay online and can be copied.

### 3. To Share or Not to Share

Some information should never be shared online.

### 4. Badge Round-Up

Activities for applying the knowledge learned



## We Keep Ourselves Safe Online by Using Privacy Settings and Common Sense

### 1. What Makes Me, Me?

Information that is personal to me.

### 2. Why I Should Check Before I Share

Check with a trusted adult before you share any information online.

### 3. The Superpower of Passwords

Passwords can be used to protect information and devices.

### 4. Badge Round-Up

Activities for applying the knowledge learned



## We Think Carefully about What We Do

### 1. Goodies and Baddies

What makes someone a goody or a baddy?

### 2. A Funny Feeling When Something is Wrong

Recognise when something is wrong and know what to do.

### 3. The Importance of Saying No

Use the word no especially when hurt or upset.

### 4. Badge Round-Up

Creating Characters, Body Behaviours, No Nonsense



## We Ask Questions and Are Open-Minded

### 1. Internet Quest

Use the internet to access information and what devices can access the internet.

### 2. Treasure Hunt

How to find information on the internet.

### 3. Super Searcher

Use simple keywords when searching.

### 4. Badge Round-Up

Activities for applying the knowledge learned



## We Use Technology to Help Us in Different Ways

### 1. My Wonderful Work

The work we create belongs to us.

### 2. Signed and Sealed

Naming our work shows others that it belongs to us.

### 3. Online Ownership

Work we create ourselves on technology belongs to us.

### 4. Badge Round-Up

Activities for applying the knowledge learned

# Teacher Led Lessons



## We Take Care of Our Minds and Bodies

### 1. Rockin' Rules

The need for screen time rules.

### 2. Sensible Screen Use

A good time to use screens.

### 3. Alternative Activities to Screen

Use Alternative activities to screen use.

### 4. Badge Round-Up

Recognise Those Rules, Truthful Thinking, Go Screen-Free!



## We Are Kind and Thoughtful to People

### 1. Villians in Our Fairy Tales

People can be not so kind online.

### 2. Be Kind and Caring

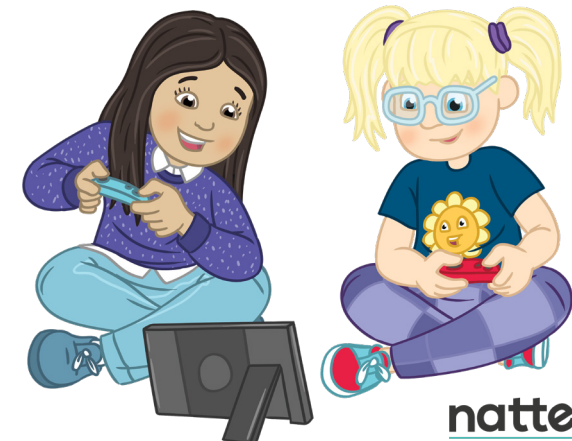
The effects of kind and unkind behaviour on our emotions.

### 3. It's Nice to Be Nice

Acceptable online behaviour.

### 4. Badge Round-Up

Activities for applying the knowledge learned





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### 4. Badge Round-Up

Avatars Ahead!, Fun Favourites, Weekend Round-Up.



## We Are Kind and Honest Online

### 1. Follow the Digital Footprints

Information put online can last a long time.

### 2. Can Information Put Online Really Last a Lifetime?

How? How information put online can last a lifetime.

### 3. Made a Mistake

Talk to a trusted adult if you've posted the wrong information online.

### 4. Badge Round-Up

Activities for applying the knowledge learned.



## We Keep Ourselves Safe Online by Using Privacy Settings and Common Sense

### 1. My Online Story

Online information about me can be seen by others.

### 2. Protecting My Privacy

Rules for keeping my information private.

### 3. Internet Enabled Devices

Devices in the home that can connect to the internet.

### 4. Badge Round-Up

Activities for applying the knowledge learned.



## We Think Carefully about What We Do

### 1. Online Identity

Differences between real-life and online identities.

### 2. The Importance of Persistence

Why persistence is an important skill in staying safe online.

### 3. Who Are Your Trusted Adults

Identifying trusted adults and knowing how they can help.

### 4. Badge Round-Up

Profile Inspectors!, Forward Focus!, Persistence Power!



## We Ask Questions and Are Open-Minded

### 1. Online Navigators

Use keywords and navigate a simple webpage to find information.

### 2. Say It!

Using voice-activated searching.

### 3. Fact vs Fiction

Identify if online information is true or false.

### 4. Badge Round-Up

Activities for applying the knowledge learned.



## We Use Technology to Help Us in Different Ways

### 1. Made By Me, Owned By Me

Explain why work I create belongs to me.

### 2. Save to Secure

Save work to show ownership.

### 3. Super Saver

Ways of saving work both online and offline.

### 4. Badge Round-Up

Activities for applying the knowledge learned.

# Teacher Led Lessons



## We Take Care of Our Minds and Bodies

### 1. Devices and Screen Time

Why we should limit screen time.

### 2. When and Where Should I Use Devices?

Where and when is screen time appropriate?

### 3. Choosing Wisely

Comparing communication technologies.

### 4. Badge Round-Up

Reflect and Sketch, A Beautiful Balance, Let's Roll It!



## We Are Kind and Thoughtful to People

### 1. Meaningful Moments

Recognise different behaviour online.

### 2. Sticks and Stones

How bullying makes us feel.

### 3. Standing Tall

Seek help when you need it.

### 4. Badge Round-Up

Activities for applying the knowledge learned.





## We Adapt Our Language to Suit the Audience When Communicating



- 1. Making New Friends Online**  
Risks associated with meeting and talking to people I don't know.
- 2. Trust Tips**  
Knowing what to do when we feel upset.
- 3. Differences between Online Friendships and Face-To-Face Friendships**  
Differences between friendships that are online and friendships that are face to face.
- 4. Badge Round-Up**  
News Update!, Personal Pledge, What Could Be Better

## We Reflect on Our Behaviour and Decide How to Act



- 1. Real-Life and Online Identity**  
Safe online sharing through the exploration of real-life and online identities.
- 2. Online Identity and Positive Self-Talk**  
Recognise online identities as only part of a whole person and explore the importance of positive self-talk.
- 3. Plotting the Right Path**  
Strategies for solving problems.
- 4. Badge Round-Up**  
Post Hoax, Flip It, Help Swap

## We Take Care of Our Minds and Bodies to Stay Healthy



- 1. When Screen Time Goes on Too Long**  
Why a balance is needed when using screens.
- 2. Screen Activities That Take Up Too Much Time**  
What we need to stay happy and healthy.
- 3. If Life Only Existed Online**  
Knowing when to use face-to-face or online communication.
- 4. Badge Round-Up**  
Screen-Free Weekend, Board not Bored!, Comic Creation

## We Act with Integrity and Honesty



- 1. Famous or Frightened**  
Search for information about myself online.
- 2. Stop and Think before You Type and Share**  
Be careful when sharing information about yourself or others online.
- 3. Talking to My Trusted Adult**  
Unsure about what information to share online, speak to a trusted adult.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## Question It We Ask Questions, Research Ideas and Are Open-Minded



- 1. Thinking Technology**  
Using autocomplete or word completion.
- 2. Buy or Sell**  
Using the internet to buy or sell.
- 3. Right or Wrong**  
Difference between beliefs, opinions and facts.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## We Use Our Empathy and Resilience to Learn from Our Mistakes



- 1. Feeling Unsafe or Upset**  
What is bullying and how do people bully?
- 2. Look Closely**  
Bullying scenarios: Is it actually bullying?
- 3. Being Kind and Friendly**  
Rules: How to behave online.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## We maintain online security by using privacy settings and common sense



- 1. Choose Wisely: To Share or Not to Share**  
Only share information with people we trust.
- 2. Protecting Powerful Passwords**  
The power of passwords and keeping them private.
- 3. Clever Connections**  
Connected devices can collect and share our information.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## We Use Technology to Share, Research and Communicate Ideas and Experiences



- 1. Other Peoples' Projects**  
Other peoples' work belongs to them.
- 2. It Belongs to Someone**  
Content on the internet belongs to someone.
- 3. Who Owns It?**  
Identifying who owns content online.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned





## CHAT IT



### We Adapt Our Language to Suit the Audience When Communicating

- 1. Investigating the Badges of Honour**  
What they mean and how to earn badge power
- 2. Choosing a Safe Screen Name**  
Creating a safe screen name.
- 3. Safe Online Chat**  
Ways of communicating safely online.
- 4. Badge Round-Up**  
Chat It Out!, Screen Name Game, What Did You Say?

## MIND IT



### We Act with Integrity and Honesty

- 1. Can Strangers Really Find My Personal Information Online?**  
Others can find out information about me by searching online.
- 2. You've Been Changed, Copied and Shared and You're Unaware!**  
Online information about me could have been created, copied or shared by others.
- 3. Protecting Precious Profiles**  
What can we do to protect our online profiles?
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## SECURE IT



### We maintain online security by using privacy settings and common sense

- 1. Powerless Passwords**  
What makes a good password?
- 2. They Want to Be Me**  
Why people online pretend to be someone they are not.
- 3. You're Being Monitored!**  
Internet use can be monitored.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## THINK IT



### We Reflect on Our Behaviour and Decide How to Act

- 1. Online Identities**  
Create an online identity using selfies.
- 2. Our Online Armour**  
Protecting your online identity.
- 3. Who To Turn To**  
What to do when something goes wrong online.
- 4. Badge Round-Up**  
Who Am I?, Create a Comic, The Natter Net

## QUESTION IT



### Question It We Ask Questions, Research Ideas and Are Open-Minded

- 1. Finding the Facts**  
Differentiate between beliefs, opinions and facts. What makes a fact, a fact?
- 2. Lots of Voices Doesn't Make it True**  
Lots of people sharing the same beliefs or opinions doesn't make them true.
- 3. Amazing Advertising**  
Methods used to encourage people to buy online.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## LEARN IT



### We Use Technology to Share, Research and Communicate Ideas and Experiences

- 1. Digital Empathy**  
I can show you that I am kind online
- 2. Right to Reuse**  
Why we should consider the owner of the content and if we have the right to reuse it.
- 3. Consider the Content**  
Examples of content that can be reused.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

# Teacher Led Lessons

## BALANCE IT



### We Take Care of Our Minds and Bodies to Stay Healthy

- 1. Time on Technology**  
Time on technology taking away from other activities.
- 2. The Importance of Sleep**  
The importance of sleep and the effect of devices on sleep.
- 3. Manage Your Screen Time**  
Strategies to help limit screen time.
- 4. Badge Round-Up**  
What in the Word, Bedtime Beats, Stay on Track

## FEEL IT



### We Use Our Empathy and Resilience to Learn from Our Mistakes

- 1. Where on the Web?**  
Where bullying might take place online.
- 2. I Spy with My Little Eye**  
Kindness and unkindness through a range of media.
- 3. Misunderstood**  
How our online actions could affect others.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned





## We Adapt Our Language to Suit the Audience When Communicating



- 1. Recognising Negative Behaviour**  
Negative online behaviour - what to do?
- 2. Joining and Contributing to Online Groups**  
The ins and outs of online groups.
- 3. Feeling Left Out**  
Dealing with emotions from being left out.
- 4. Badge Round-Up**  
Reframe It, Logo Logic, You Choose!

## We Reflect on Our Behaviour and Decide How to Act



- 1. What Information Should You Share Online?**  
Sharing information online - associated risks.
- 2. Fake Profiles**  
Spotting fake profiles.
- 3. Are Fake Profiles OK?**  
Reasons for fake profiles.
- 4. Badge Round-Up**  
Sort My Settings, Two Lies and One Truth, Balanced Argument

## We Take Care of Our Minds and Bodies to Stay Healthy



- 1. A Healthy Night's Sleep**  
Using technology and the quality of sleep.
- 2. Is Technology Distracting Us?**  
How technology can distract us.
- 3. The Science of Sleep**  
Screen time can affect sleep.
- 4. Badge Round-Up**  
Let's Have an ArgYOU-MEnt, Distract a Doodle, Battle Brains

## We Act with Integrity and Honesty



- 1. We act with integrity and honesty.**  
Project Part One: Choose a Famous Person
- 2. Search and compile information. Project**  
Part Two: Evaluating Your Information
- 3. Evaluate your collected information.**  
Project Part Three: Assess the Fake Information
- 4. Badge Round-Up**  
Strategies for identifying fake information.

## We Ask Questions, Research Ideas and Are Open-Minded



- 1. Sensible Searching**  
Strategies for effective searching.
- 2. Misinformation vs Disinformation**  
Differences between misinformation and disinformation online.
- 3. Inaccurate Information**  
How accurate is online information?
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## We Use Our Empathy and Resilience to Learn from Our Mistakes



- 1. Looking After Our Friends**  
Recognise when someone is upset, hurt or angry online.
- 2. Helping Our Friends**  
How to help a friend that is being bullied.
- 3. Protecting Myself**  
Steps I can take to protect myself if I feel hurt, upset or angry.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## We maintain online security by using privacy settings and common sense



- 1. Powerful Passwords**  
Create and use strong and secure passwords.
- 2. Nosey Apps!**  
How apps or services can read and share personal information with others.
- 3. Greedy Apps!**  
How and why some apps may request or take payment.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned

## We Use Technology to Share, Research and Communicate Ideas and Experiences



- 1. Copying Content**  
What is copying and why is it bad?
- 2. Acceptable or Unacceptable to Use**  
When is it acceptable to use the work of others?
- 3. Consented Content**  
Examples of content that is consented to be reused.
- 4. Badge Round-Up**  
Activities for applying the knowledge learned





## We Adapt Our Language to Suit the Audience When Communicating



### 1. Our Class Code of Conduct

Why do codes of conducts exist?

### 2. Think Before You Speak or Type

Problems associated with rash or impulsive communication.

### 3. Finding Support

How to report problems and support others online.

### 4. Badge Round-Up

Life Rules!, Find Your Facts!, Letter to my Trusted Adult

## We Reflect on Our Behaviour and Decide How to Act



### 1. Gender and Media's Influence

How the media portrays gender.

### 2. Permission to Be You!

Minimising negative feelings felt when using social media.

### 3. Reporting and Getting Help

Where to get help when faced with a difficult online situation.

### 4. Badge Round-Up

State Your Case, Accentuate the Positive, Roll the Dice

## We Take Care of Our Minds and Bodies to Stay Healthy



### 1. Self-Regulation and Screen Time

Self-reflection and self-regulation on screen time.

### 2. How Useful is My Screen Time?

Useful screen time and alternatives to screen time.

### 3. Screen Strategies

Explore built-in features of screen moderation.

### 4. Badge Round-Up

Screen Time Scales, The Interview, Sleep Story

## We Act with Integrity and Honesty



### 1. Developing and Protecting My Online Reputation

How online reputations and peoples' opinions are linked.

### 2. Developing an Awareness of My Digital Footprint

The creation of an information trail and its contribution to our digital footprints.

### 3. Safeguarding Your Future Whatever That Might Be

How information shared in the past can affect the future.

### 4. Badge Round-Up

Activities for applying the knowledge learned

## We Ask Questions, Research Ideas and Are Open-Minded



### 1. Knowing and Using Search Engines Effectively

How search engines work and strategies for using them effectively.

### 2. Fake News and False Claims

Encountering manipulators or influences online and to deal with them.

### 3. Check Your Facts

Skills and strategies to determine the validity of the facts presented online.

### 4. Badge Round-Up

Activities for applying the knowledge learned

## We Use Our Empathy and Resilience to Learn from Our Mistakes



### 1. Getting Help and Reporting Concerns

What helpline services are available?

### 2. Gathering Evidence

How to capture evidence before seeking help.

### 3. Ban Bullying Campaign

Report concerns both in school and at home about online bullying.

### 4. Badge Round-Up

Activities for applying the knowledge learned

## We maintain online security by using privacy settings and common sense



### 1. How to Create a Password

Different passwords for different services and managing those passwords.

### 2. Permissions and Privacy Settings

What are app permissions? How to increase privacy settings on certain apps.

### 3. Strategies for Scams

How to identify scams or phishing online.

### 4. Badge Round-Up

Activities for applying the knowledge learned

## We Use Technology to Share, Research and Communicate Ideas and Experiences



### 1. Copyright Free Content

Using search tools to identify copyright-free content.

### 2. Praise Where Praise is Due

How to acknowledge sources used from the internet.

### 3. Making References

How to make references of used content.

### 4. Badge Round-Up

Activities for applying the knowledge learned

