



# PSHE and RSE Whole School Overview

## Perranporth C P School



Year	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Aut 1	Gentle Hands and Hearts	Being Happy	Happiness	Relationships with Others	Respect	Learning	The Government
	Managing Feelings	Understanding Difficult Feelings	Feeling Sad	Helping Others Get Help	Problem Solving and Resourcefulness	Autism	The Law
	Sharing	A Problem Shared	It's Okay Not to be Okay	Growth Mindset	Leadership	Caffeine	Rethink Periods
Aut 2	Animals	Road Safety	Dealing With Loss	Anger, Fear and Mindfulness	Being Responsible	Supporting the Community	Learning to Working
	Anti Bullying	Kind Versus Unkind	Understanding Peer Pressure	Power of Words STOP	Bullying	The Power of Words	The Power of Words
	Fire Safety	Communication	Positive Friendships	Self-Image		Fairtrade	Social Media- Tik Tok
Spr 1	Road Safety	First Aid and CPR	Forest Survival	Gender	Healthy Eating and a Balanced Diet	Responsibility and Inspiration	Self- Perception
	Sleep	Food Safety	Fire Safety	Autism	The Importance of Physical Activity	Expressing Love Differently	Organisation of Life
	Technology	Signalling and Sign Language	Cyber Safety	Self-Worth	Screen Time	What is Marriage?	Global Warming
Spr 2	Making Mistakes	Being Mindful	Relaxation	Staying Safe Online	Where Does My Food Come From	BV- Freedom of Speech and Move.	First Aid and CPR
	Cities, Towns, Land and Sea	Trust	Screen Time Safety	Social Media and Body Confidence	Fairtrade	The Digital World	Not in Our Community (Grooming and Exploitation)
	Being Curious	Respecting Others	Navigation	Problem Solving and Time Management	Recreational Drugs- Alcohol and Nicotine	Social Media- Being Confident	BV- Rights and Radicalisation
Sum 1	Planting Our Food	Water Safety	Environment	Separation and Divorce	All About Tik Tok	Homophobic Language in Schools	Feeling Anxious
	Follow My Lead	Safety Symbols	Fight or Flight	Vaccinations and Diseases	Gender and Identity	Communicating Effectively	Transition
	The Great Outdoors	Emergency Services	Protecting Our Planet	Sun Safety	Try and Try Again	Junk Food	Alcohol, Smoking and Vaping
Sum 2	Water Safety	Getting Your Sleep	Medicines and Drugs	My Body, Your Body	Exercise	Dealing With Adversity	Drugs
	Taking Good Care of Myself	Hygiene and Me	Adapting to Change	BV- Democracy and Law	Women in History	The NHS	Illegal Drugs
	Trusted Adults	What Makes a Family	My Private Body	BV- Culture and Liberty	Safety- Household Medicines	BV- Respecting Others Boundaries and Beliefs	Ageism
		My Growing Body	Respecting All Families	Change is Good	Personal Hygiene	The Human Body	Consent
				Who Can We Trust	Understanding Consent	The Power of Love	The Power of Love
					My Body, Your Body	My Body Changes	What is Forced Marriage
					Everything Will be Alright	Identity, Gender and Sexuality	Identity, Gender and Sexuality
						Keeping My Body the Same	My Amazing Body

Health and Well-Being	Relationships	Living in the Wider World	British Values	RSE	Drugs Awareness	Online Awareness/ Safety
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Online Awareness/Safety element to the unit Consent/Bodily Autonomy element to the unit