

PSHE and RSHE Scheme of Work Perranporth C P School



Reception Autumn Term								
		AUTUMN 1 st Half		Autumn 2 nd Half				
Theme		Me and My Family			Light Up the Sky			
Area of Learning	Gentle Hands and Hearts Part 1	Managing Feelings Part 1	Sharing Part 1	Animals Part 1	ANTI-BULLYING ALLIANCE BE KIND	Fire Safety Part 1		
	Gentle Hands and Hearts Part 2	Managing Feelings Part 2	Sharing Part 2	Animals Part 2		Fire Safety Part 2		
Suggested supporting text/ video	Hands Are Not for Hitting - Read Aloud Story for Kids (youtube.com)	Me and My Fear A Wonderful Story about Independence (youtube.com)	High Way Rat Fight Way Rat BBC iPlayer - The Highway Rat	BBC iPlayer - Dog Squad - Series 1: 1. Mission: Train Station	Why do people bully? Own It (youtube.com)	NO DRAGONS FOR TEA SKids Books Read Aloud - Bedtime Stories - YouTube		
Area of PSHE/SRE	Relationships	Health and Well-Being	Relationships	Living in the Wider World	<mark>Anti-Bullying Week</mark> Relationships	Living in the Wider World		
PSHE/ PSED including Development Matters and ELGs from EYFS (in bold)			Work and play cooperatively and take turns with others	Pupils should be taught: Explore the natural world around them, making observations and drawing pictures of animals and plants • To know that animals have not always been treated nicely and that there are people who can help them to be kind to animals • That animals can be trained to work for us and to do important jobs	Pupils should be taught: •Work and play cooperatively and take turns with others. •Form positive attachments to adults and friendships with peers. •Show sensitivity to their own and to others' needs. •Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.			

	and a set of the set o			To conduct the data sector 1		
	understand how to follow the			-To understand that animals need		
	rules.			lots of care and attention to grow		
				healthy		
Key questions /	Phase 1 and 2 – Gentle Hands and Hearts key questions:			Phase 1 and 2 –Animals key questions:		
knowledge and	What can you use hands for?			What work can a dog be trained t	a da?	
understanding to				What work can a dog be trained to do?		
be explained		ked down the blocks you're building	a2	Do you know how pigeons have worked for humans? How do bees help us?		
Key Knowledge	What can you do when you and yo		R:	How can squirrels help is in our world?		
and facts to be	What if your friend yells, kicks, pus			What special talent does an octopus have to help humans?		
				What do you think a new puppy n		
<mark>recalled</mark>	Phase 3 and 4 – Managing Feelings	s key questions:		A dog is left in a car on a hot day.		
	What happens to our bodies and b			,	,,	
	What is fight or flight?			Phase 3 and 4 – Anti-Bullying We	eek key questions:	
	If I have the right to say what I like	, and don't like, can I say I don't like	e running?	What is being kind?		
	If I have the right to say what I like	, and don't like, can I say I don't like	e people with curly hair?	What can we do to be kind? Read	the story 'Be Kind' and discuss the	things that we could do to show
	If you are making a choice about what to wear, what will help you to decide and make a good choice of			that we care.		
	outfit?			What is bullying? Why do people bully? Own It (youtube.com)		
				Why might people bully others?		
	Phase 5 and 6 – Sharing key quest			What can we do if we feel that we are being bullied?		
	Why is it difficult to share sometimes?			What should we do is we see someone else being bullied?		
	Why is it important to share?					
	What can we do if someone has so					
	If we feel jealous because someone has something that we want, what can we do?			Phase 5 and 6 – Fire Safety key questions:		
	How will learning to share help us? What can you do to be kind today?					
	When might extra kindness be nee			What are matches and what can they do?		
		nake us feel? Which of these are th	a hast ways to share kindness?	Is there only danger from fire or can you be hurt by smoke too? What is a burn? Which room in the house has the highest number of hot things which may be a hazard? How can smoke get into your body?		
	now does being kind and sharing h	have us reer: which of these are th	le best ways to share kindness:			
				What should you do if your clothes catch fire?		
				What makes fire grow bigger?		
				If your clothes caught fire, what is the best thing to do? What should you do first if you see a fire in a room in your house?		
				what should you do first if you se	e a fire in a room in your house?	
	Angry, upset, kind	Fight, flight, brave	Share, jealous, kind	Pet, needs, help	Kind, bully, trusted adult	Hazard, fire safety, smoke alarm
Vocabulary		Rights, respect, consequence				Stop, drop, roll
		1	1	l		I

Reception Spring Term							
		Spring 1 st Half		Spring 2 nd Half			
Theme	Starry Night			Cori	nwall- Perranporth My H	ome	
Area of Learning	Road Safety Part 1	Sleep Part 1	Technology Part 1	Making Mistakes Part 1	Cities, Towns, Land and Sea Part 1	Being Curious	
	Road Safety Part 2	Sleep Part 2	Part 2	Making Mistakes Part 2	Cities, Towns, Land and Sea Part 2	Being Curious	
Suggested supporting text/ video	twinkl Explore education resources - THINK! Be bright be seen game	I Don't Want to Sleep by Sigal Adler - YouTube	EcoTherm UK V20 16x9 VO1 (youtube.com) CHICKEN TO CLICKING Smartie Penguin HD Internet Safety Story for Early Years (youtube.com) The Adventures of Smartie the Penguin Smartie the Penguin	Cowell UK V4 (youtube.com)	The City Mouse and the Country Mouse - US English accent (TheFableCottage.com) (youtube.com)	Stories for kids What's Next? by Timothy Knapman and Jane McGuinness (youtube.com)	
Area of PSHE/SRE	Living in the Wider World	Health and Well-Being	Online Awareness/ Safety	Health and Well-Being	Living in the Wider World	Living in the Wider World	
Matters and ELGS	Pupils should be taught: -To learn stop, look, listen and think before crossing the road -to be aware of dangers on the roads and to follow safety rules and the law. -To be aware of the added dangers when out and about at night. To learn about how to ensure that we can be seen at night.	healthy and safe. They manage their own basic hygiene and	Pupils should be taught: -to learn how technology has changed our lives to see how it has changed since our parents were babies and to investigate how it helps us in the home. -to investigate devices and to think about using them safely.	Pupils should be taught: Children are confident to try new activities and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help -To be confident in having a go and to understand that children can feel good about their own success but	Pupils should be taught: -Children know about similarities and differences in relation to places, objects, materials and living things. They talk about the features of their own immediate environments might vary from one another. -To use talk to clarify, organise and sequence thinking, ideas, feelings and events linked to their own environments -To show an interest in different occupations and ways of life	Pupils should be taught: -Be confident to try new activities and show independence, resilience and perseverance in the face of Challenge -To use talk to articulate as children investigate, ask questions, solve problems and make choices as they play, eat and interact with others around them.	

				of learning.	-To understand the differences that environments make to our lives and our choices. -To appreciate that other children have different likes and dislikes that may be influenced by our environment.
knowledge and understanding to be explained Key Knowledge and facts to be recalled	Phase 1 and 2 – Road Safety ker What are the rules for crossing a Do you know the green cross cod What is the first rule of the green What if you can't find a crossing What if there are parked cars an Phase 3 and 4 –Sleep key questi How many hours of sleep do chil What is a bedtime routine? What might make it easy to go to What things are not a good idea Bert has been watching TV, or pl him get better sleep? what can happen if you don't ge The Couch Potato S Phase 5 and 6 – Technology key Have we ever seen any of these Do we know what they're called help us at home? What animals did people use to s this person is but they have a nic Whilst playing the game you're f someone from school. It's a bit u	road safely? Je? n cross code? place? d vehicles? ons: dren need? o sleep? before bedtime? aying games online before bed. V t enough sleep? torytime Read Aloud (y questions: items before? (old technology) ? What is different about them? I send messages before we could so omeone pops up in the chat to sa se picture of a character from the riend who you know from school	youtube.com) How does different technology send letters through the post? ay hello. You're not sure who game. What should you do?	Are we city or town mice?	<pre>ime? pu make a mistake? pu make a mistake? m mistakes? m mistakes? md Sea key questions: r Notes & amp; Pupil Resources).pdf (ccea.org.uk) describe where you live, would it be: puestions: e to start a question? ricky problem? thing? plore? pu in the daytime?</pre>
Vocabulary	Cars, green cross code, stop look listen! Fluorescent	Routine, bedtime, lullaby	Tablet, internet, safety	Confident, mistake, learn	Town, countryside, beach, bird's eye Explore, question, tricky problem view

Reception Summer Term							
	Summer 1 st Half			Summer 2 nd Half			
Theme	Sunshine and Sunflowers				Who Lives in a Rockpool?		
Area of	Planting our Food Part 1	Follow My Lead Part 1	The Great Outdoors Part 1	Water Safety Part 1	Taking Good Care of Myself Part 1	Trusted Adults Part 1	
Area of Learning	Plants we can Eat Part 2	Follow My Lead Part 2	The Great Outdoors Part 2	Water Safety Part 2	Taking Good Care of Myself Part 2	Trusted Adults Part 2	
Suggested supporting text/ video	the foodies books - YouTube	How Rude! A little story about manners (youtube.com)	SUCCESSION OF CONTRACT OF CONTRACT.	RNLI: How to stay SAFE on the beach Newsround - YouTube	Germs Are Not For Sharing by Elizabeth Verdick (youtube.com)	Who Are Your Trusted Adults? (Primary Edition) - YouTube	
Area of PSHE/SRE	Living in the Wider World	Relationships	Living in the Wider World	Living in the Wider World	Health and Well-Being	RSHE	
PSHE/ PSED including Development Matters and ELGs from EYFS (in bold)	Pupils should be taught: Children know about similarities and differences in relation to places, objects, materials and living things. They talk about the features of their own immediate environment and how environments might vary from one another. They make observations of animals and plants and explain why some things occur and talk about changes. To understand that all living things need certain things to be able to grow and to flourish;	for bringing their skills to a group task and realising what	ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently. -To understand the importance of fresh air and exercise to support well-being and good mental health	and differences in relation to places, objects, materials and living things. They talk about the features of their own immediate environment and how environments might vary from one another. They talk about their own and others' behaviour, and its consequences, and know that	hygiene can contribute to good health • To teach children the importance of washing hands from an early age through reading, discussion, play and role play. • To teach children how to wash their hands thoroughly through	Pupils should be taught: Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs To know who helps us in our community – to know how to make an emergency call	

	Phase 1 and 2 – Planting Our Fo	nd 2 – Planting Our Food key questions:			Phase 1 and 2 – Water Safety key questions:				
	What do plants need to grow?			Safety at the beach, river and harbourside – children get the opportunity to discuss potential hazards on the					
	What season can we buy strawberries in?			RNLI posters showing all possible dangers of being around water. The flags which appear at the beach are					
	How do the seasons affect growing of plants?			displayed and children can understand their immediate meaning and the warnings they are giving.					
	What can we look at when studying plants?			What are the colours of the three information flags at a UK beach?					
		studying plants? What questions	can we ask about them?	https://rnli.org/video-player/650BD975-70DD-49EB-B07F608B256480BA					
	Do you think that you can eat ev	erything that you grow?							
	Why are some plants inedible?			There are four safety rules around w	ater - do you know them?				
	How do you know what is safe to eat?			What are the places where water col	llects, where you need to remember	water safety?			
	-			When you're near water, what does it mean to stop and think?					
	Phase 3 and 4 – Follow my lead	key questions:		Why is it important to stay together near water? Why is it important to learn to float?					
	Why is it important to 'play nicel	ly' with friends?							
	When can you decide on your ov	wn play and your own games?		Phase 3 and 4 – Taking Good Care of Myself key questions:					
	Is it ok to be bossy and to bully s	omeone into doing what you war	nt them to do?	Why is it important to wash your hands often?					
Key questions /	Why is it important to take turns	<mark>;?</mark>		How can hands become dirty or carry germs?					
	Is it ok to be selfish and to keep	toys and games to yourself?		Can you see all germs?					
knowledge and	Why does it feel great to work to	ogether?		What will happen if you don't wash your hands after going to the toilet?					
	What can you learn by working together?			What are some good tips for making sure your hands are really clean?					
be explained				When should you wash your hands?					
Key Knowledge	Phase 5 and 6 – The Great Outd	oors key questions:		How often should you brush your tee					
and facts to be	Why is fresh air good for you?			When will you be old enough to have	e a bath by yourself?				
recalled	How can sunlight or daylight hel								
	Why do our bodies need sunligh			Phase 5 and 6 – Trusted Adults key of	questions:				
	What are the benefits of nature?			Who can really look after us?					
	What are the five s's for sun safe	-		Who or what is a trusted adult?					
	Who is George the sun safe supe			Does everyone have a trusted adult?					
	What does slip, slop, slap mean?			Should all grown ups be considered trusted adults?					
	Is there a bad time to be out in t			If you didn't feel comfortable saying some words to a trusted adult, what could you do?					
	How do sunglasses protect you from the sun?								
				https://ineqe.com/2021/02/08/trusted-adults/					
				What happens when you use a telephone to call 999?					
				When should you call 999?					
				Emphasise the importance of only ever calling in an emergency – what is an emergency/ why we shouldn't					
				call in a non-emergency.					
Vocabulary	Plant, season, edible, sunshine		nature, sunscreen, protection	Water safety, lifeguard, coastguard,		Trust, adult, stranger, emergency,			
vocabulary		together		flag	Invisible	emergency services			