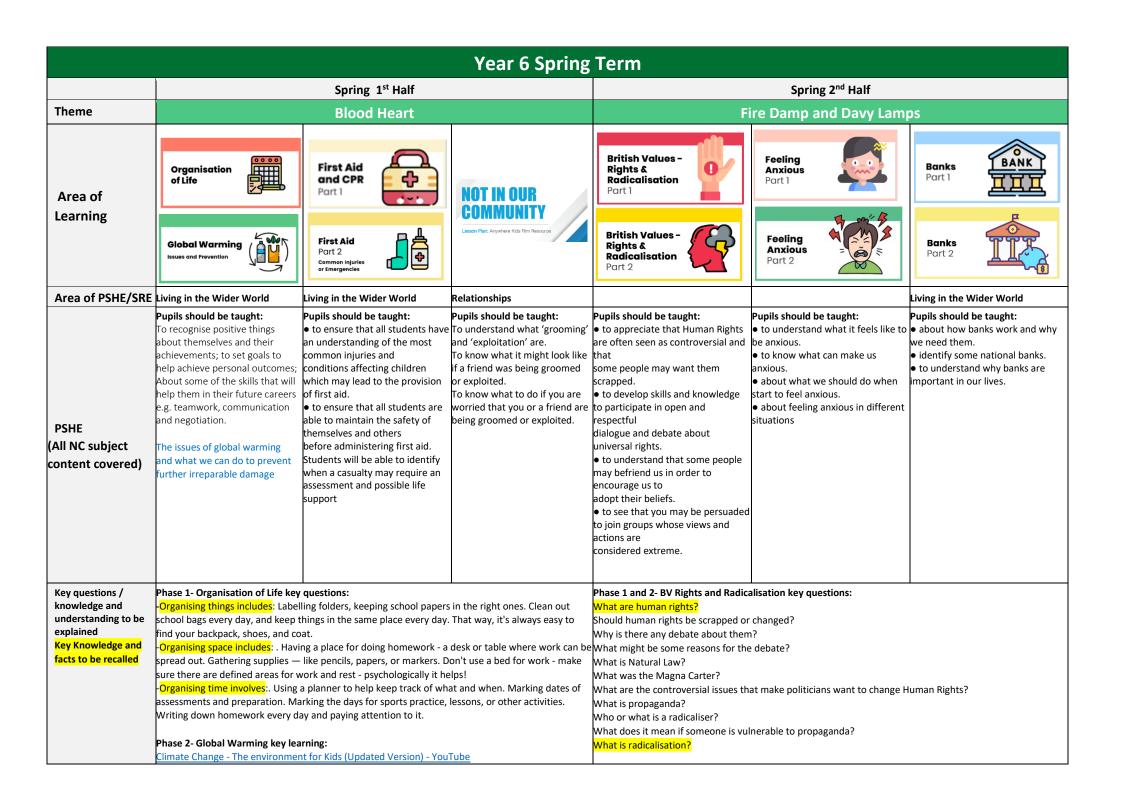


RSE and PSHE Scheme of Work Perranporth C P School

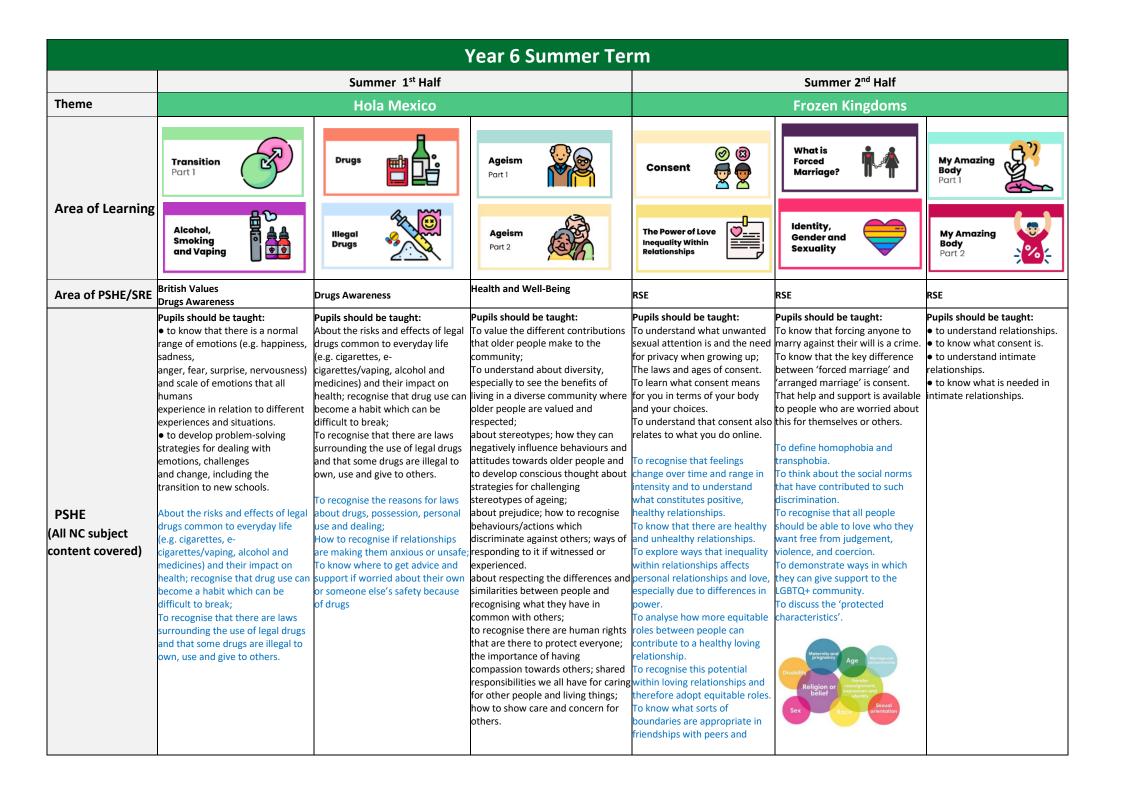


Year 6 Autumn Term							
		AUTUMN 1st Half		Autumn 2 nd Half			
Theme	Victorian era – Dark Age or Golden Age?				Darwin's Delights		
Area of Learning	The Government Part 1	Law Part 1	Recognising and Controlling	Learning to Working Part 1	The Power of Words Clean Up Your Speech Social Media	Self-Perception Part 1	
Area of PSHE/SRE	Part 2 Living in the Wider World	Part 2 Living in the Wider World	Anger RSE Health and Well-Being	Working Part 2 Living in the Wider World	Tik Tok Relationships Online Awareness	Perception Part 2 Health and Well-Being	
PSHE (All NC subject content covered)	Pupils should be taught: to know who the current main political parties are. to know who the current Prime Minister is. to understand the structure of Government and the role of the Prime Minister. to explore the roles and responsibilities of the Government	consequences of not following laws.	Pupils should be taught: To describe the different phases of the menstrual cycle. Identify some menstrual products available, how to use them and how to dispose of them. Describe the phases of the menstrual cycle that may require particular menstrual products. To recognise when they need help with feelings. Strategies to respond to feelings, including intense or conflicting feelings; How to manage and respond to feelings appropriately and proportionately in different situations.	Pupils should be taught: about the impact that learning can have on our work life. to find out how exam results can help us to reach our career goals	Pupils should be taught: To know that we must think before we speak. To know how to recognise how people are feeling. To know that words carry a lot of weight due to how they can damage or heal. To know how your words can make foes out of friends because you shift from banter to bullying! To recognise positive and negative aspects of apps like Tik-Tok. About how text and images on social media can be manipulated and reinvented;. How to respond safely and appropriately to adults they may encounter online whom they do not know. How to recognise pressure from others to do something unsafe or that makes them feel uncomfortable and strategies for managing this.		

Key questions /	Phase 1 and 2 – The Government key questions:			Phase 1 and 2 – Learning to Working key questions:				
knowledge and	Who is currently the Prime minister of the UK?			Why is learning so important?				
understanding to	Can you name any other political parties?			Can we learn different skills to help our job or career?				
_				Why is learning so important for the job that you want to do?				
	What does the government do?			What tends to give successful p	What tends to give successful people the success in their lives?			
Key Knowledge	Are the royal family members of the government?			Which are the three most important GCSE subjects required by employers?				
and facts to be	Who has the ability to make and pass laws in our country?			Where might you go to study af	ter the age of 16?			
recalled				Which qualifications might you take at around the age of 18?				
recalica	Phase 3 and 4 – Law key questions	s:						
	What is the law?			Phase 3 The Power of Words- Clean Up Your Speech key learning:				
	What are the benefits of having lav				THE POWER OF WORDS - Best Motivational Speech Video (Featuring Coach Pain) - YouTube watch the			
	What may happen if you break the	•				re our words powerful? "Words are		
	Who decides on and makes our laws?				<mark>rce available to humanity. We can c</mark>	hoose to use this power to help, to		
	What can happen if you break the I	law?		heal, to hinder, to hurt, to harm				
	How is a law made?				sual boundaries and making people	•		
	Who gives the Bill formal approval	for it to become law?			sn't it their fault for not having a se			
	Phase 5 Rethink Periods- People, Periods and Products key questions:			Think of 3 rules to help you and your peers decide where the dividing line between banter and bullying				
				<mark>is.</mark>				
	SEE RETHINK PERIODS- PEOPLE, PERIODS AND PRODUCTS LESSON PLANS AND RESOURCES			Phase 4- Social Media- Tik Tok key learning:				
	Periods People and Products KS2 lesson plan.doc			Live My Digital for students: Relationships & Grooming - YouTube				
	Periods People and Products KS2 PPT (1)(1)RE.pptx			What is tik tok?				
				Are there dangers of using tik tok?				
	Phase 6 Recognising and Controlling	ng Anger key questions:		TikTok Tips: You're in Control Video Series 2.0 TIKTOK OFFICIAL ACCOUNT - YouTube				
	What is a 'trigger'?			Watch and discuss what you have learnt about making social media safe.				
	What are common situations that t	trigger intense emotions?		Phase 5 and 6 – Self Perception key questions:				
	Is it easy to recognise triggers?	_		What is self-perception?				
	Is it important to recognise triggers?			Why is self-perception important?				
	Watch 8 Signs You May Be Emotio			Who has the perfect self-perception?				
	Talk about how understanding you	r triggers may help you to regulate	e your emotions.	Why should you accept yourself for who you are?				
				How can you accept who you are?				
				Why accept yourself for who you are?				
				How can you learn to accept yourself?				
		1		Can you change who you are?		1		
	Prime Minister, General Election,	Laws, consequences,	Menstruation, menstruators,	Certificates, achievement,	Hurt, heal, banter, bullying	positive, negative, media, online,		
	democratically, opposition,	responsibility, illegal, legal,	menstrual cycle, menstrual	qualifications, GCSE, A Level,		self-perception, personality,		
	election	punishment	products, ovulation, periods		Grooming, block a user, privacy			
Vocabulary					and safety, who can duet with			
vocabulaly					me, report spam, violence or			
			Anger, triggers, emotions,		harm, harassment or bullying,			
			regulate		comment filters,			
		-	•	•				



	How quickly are temperatures risi			What is prevent?	What is prevent?		
	Phase 3 and 4 – First Aid key questions: What is first aid? How important is a primary survey in first aid? How to do the Primary Survey - First Aid Training - St John Ambulance - YouTube Who is LIONEL in an emergency and how can he help? What is the recovery position? What is CPR? What are the most common injuries affecting children which lead to the necessity for first aid? What's the role of a first aider if someone near you is injured? What is anaphylaxis? What do you do if someone is burned or scalded? What if someone has an electric shock?			Phase 3 and 4 Feeling Anxious key questions: What is it like to feel anxious? What can make us feel anxious? What might happen when you feel anxious? What can we do to feel less anxious? What situations can make you feel anxious? What can you do when you feel anxious to make you feel better? Who can you talk to when you are feeling anxious? Phase 5 and 6 — Banks key questions: Who or what is The Bank of England? What is inflation? What are interest rates? In some countries, the government chooses what to produce, how much and for whom. In the UK, it's determined by what people want to buy, and how much businesses can provide — supply and demand. Wha is supply and demand? How does supply and demand shape the economy? What is a cost of living crisis?			
Vocabulary	forward thinking	rate, heart rate,	Grooming, exploitation, support, trusted adults	What is deflation? How do people keep an eye on the controversial, Bill of Rights, informed decisions, debate, communal rights,	worry, anxiety, concern, uncertain, emotions, fear, nervous	Bank, Ioan, interest, financial, business	



others (including in a digital context). Phase 1- Transition key questions: Phase 1 Consent key learning: Tea Consent (Clean) - YouTube What is to fear about secondary school? What is consent? What will be the differences between primary and secondary school? What are the most common concerns a Year 6 pupil has about secondary school? What are important factors of a healthy relationship? What are the best strategies to manage change? Is it consent if they seem okay to go along with it? Is it true that change is always stressful? Unexpected Guest | John Lewis & Partners | Christmas Ad 2021 - YouTube Watch the above clip- an alien creature has arrived on earth, they have heard about something Phase 2- Alcohol, Smoking and Vaping key learning: called 'consent' but have no idea what it means. Can you explain it to them? Dangers of smoking | Health | Biology | FuseSchool - YouTube Alcohol | Health | topic | FuseSchool - YouTube Phase 2 The Power of Love, Inequality in Relationships key learning: What effects might smoking, drinking and vaping have on our lives? What does attachment mean? Do you think that love and attachment are all about the heart? Vaping seems less harmful, so is it okay to vape? Explore the risks of vaping Yr 6. Alcohol, Smoking and Vaping, Challenge 2.pptx (live.com) Does your brain and rational thought have any control? Should you give your heart responsibility for making decisions? Phase 3 Drugs key learning: Head or Heart, which one to listen to? - Sadhguru - YouTube Think about what boundaries are relevant to you in your relationships- complete the 'setting What is a drug? boundaries' activity: Which drugs are legal and which drugs are illegal? Discuss what you would do in the scenario. Yr 6. The Power of Love, Challenge 2 (lifewise.co.uk) Complete this activity to encourage thinking about why not to take drugs Year 6 - Drugs - Challenge 2.pptx Phase 3 What is Forced Marriage key learning: Key questions / Layla's Forced Marriage Story: Your Tomorrow | ChildLine - YouTube knowledge and Phase 4 Illegal Drugs key learning: What is 'forced marriage'? understanding to How do drugs get into your system? What are the possible consequences of a 'forced marriage'? be explained What are the differences between 'forced marriage' and 'arranged marriage' Forced marriage v Why do young people use illegal drugs? arranged marriage - YouTube The key difference is CONSENT. Is there a way of knowing if someone is taking illegal drugs? **Key Knowledge** PSHE KS2: A brother's involvement with <u>drugs - BBC Teach</u>- what are Joe's options? Talk to the police, do Yr 6 - RSHE Forced Marriage - Challenge 3.pptx (live.com) Look at the ppt and discuss. and facts to be nothing, flush the drugs down the toilet? Discuss the consequences of each option. Discuss that there is also recalled the option to 'Talk to Frank'- website for anyone with concerns about someone taking drugs. Phase 4 Identity, Gender and Sexuality key learning: How to help a friend | FRANK (talktofrank.com) What are the 'protected characteristics'? Read the online book No More Knives (notinourcommunity.org) to teach the children about County Lines. Freedom! '90 (Remastered) - YouTube It is 30 years since George Michael wrote this song, have things changed? Phase 5 and 6- Ageism key learning: Do we still need more change? Watch Llama Glamarama - YouTube and talk about celebrating differences. Ageism: Explained - YouTube What is ageism? Watch Read Aloud Books for Kids - Perfectly Norman | Children's Bedtime Picture Stories | Being How does ageism affect the whole of society? Yourself - YouTube and talk about being yourself. Age-friendly communications principles - YouTube What is age friendly communication? Phase 5 and 6 – My Amazing Body key questions: How does the media portray ageing? What is relationship? What does consent mean? What are the keys to a relationship? When is consent needed in a relationship? Which are some of the responsibilities to consider before having an intimate relationship? What is an intimate relationship? What are the basic responsibilities of any relationship?

Why do you need to be emotionally, physically and financially ready before making big decisions

Why is care, love, respect and trust important for any relationship?

like having a baby?

		Steroids, Cocaine, Heroin, Caffeine, Cannabis, Alcohol	 	_ · · · ·	Respect, sexual relationship, penis, vagina, sperm, ovary,
	pressure, support		respect		fertilisation, embryo, human,
Vocabulary		Drug, legal, illegal, dependence,		Equality Act, protected	offspring, emotions
	Drugs, alcohol, smoking, vaping	addiction	attraction, power dynamics,	characteristics, sexual orientation,	
			inequality	gender reassignment,	
				homophobic, transphobic	